

# Primary Prevention Resources

For a complete list of resources and links go to: [www.nhchildrenstrust.org/prevention](http://www.nhchildrenstrust.org/prevention)

## STRENGTHENING FAMILIES

Strengthening Families Framework: Bringing the Protective Factors to Life

Strengthening Families: Increasing positive outcomes for children and families. Center for the Study of Social Policy.

Balancing Adverse Childhood Experiences (ACEs) With HOPE: New insights into the role of positive experience on child and family development. (2017). Casey Family Programs.

Disrupting the Link Between Poverty and Child Welfare Involvement through Policy, Practice" (2024) Chapin Hall

## ECONOMIC AND CONCRETE SUPPORTS

Transforming Child Welfare Systems: How Do Economic Supports Benefit Families and Communities? (2025). Casey Family Programs.

PROVIDING ECONOMIC AND CONCRETE SUPPORT TO INCREASE EFFECTIVENESS OF EVIDENCE-BASED SERVICES" (2024) Chapin Hall

An Evidence-based Service for Child Welfare Prevention-Implications for Family First and Systems Change. (2023). Chapin Hall at the University of Chicago.

Policy Inventory: State Levers to Impact Family Economic Security. (2022). Alliance for Early Success.

## KINSHIP & GRANDFAMILIES

Strong Families: What supports can benefit kinship caregivers in families affected by substance use disorder. (2024). Casey Family Programs.

Building Resilience: Supporting Grandfamilies Mental Health & Wellness (2023). Generations United.

## REFERENCES

Child Welfare Information Gateway. (n.d.). Prevention.

Generations United. (2021). Reinforcing a strong foundation: Equitable supports for basic needs of grandfamilies.

Generations United. (2018). Raising the Children of the Opioid Epidemic: Solutions and Support for GrandFamilies.

Monadnock United Way. Impact Monadnock.

Sege, R., Bethell, C., Linkenbach, J., Jones, J., Klika, B. & Pecora, P.J. (2017). Balancing adverse childhood experiences with HOPE: New insights into the role of positive experience on child and family development. The Medical Foundation.

Weiner, D.A., Anderson, C., & Thomas, K. (2021). System transformation to support child and family well-being: The central role of economic and concrete supports. Chapin Hall at the University of Chicago.



# Community Resources to Support Families



## NH GOVERNMENT RESOURCES

- NH Department of Education - [education.nh.gov](http://education.nh.gov)
- NH Department of Health & Human Services - [dhhs.nh.gov](http://dhhs.nh.gov)
- NH Division for Children, Youth & Families  
[dhhs.nh.gov/dcyf](http://dhhs.nh.gov/dcyf)
- NH Office of the Child Advocate  
[childadvocate.nh.gov](http://childadvocate.nh.gov)
- NH Easy - [NHeasy.nh.gov](http://NHeasy.nh.gov)
- NH Department of Energy - [energy.nh.gov](http://energy.nh.gov)

## ECONOMIC & CONCRETE SUPPORTS

- Community Action Partnership of NH - [capnh.org](http://capnh.org)
- Service Link - [servicelink.nh.gov](http://servicelink.nh.gov)
- New Hampshire Food Bank - [nhfoodbank.org](http://nhfoodbank.org)
- Families in Transition - [fitnh.org](http://fitnh.org)
- NH Care Path - [nhcarepath.dhhs.nh.gov](http://nhcarepath.dhhs.nh.gov)
- NH Fiscal Policy Institute - [nhfpi.org](http://nhfpi.org)

## HOUSING RESOURCES

- NH 211 - [nh211.org](http://nh211.org)
- CATCH Housing - [catchhousing.org](http://catchhousing.org)
- New Hampshire Housing - [nhhfa.org](http://nhhfa.org)

## PARENTING RESOURCES

- Family Support NH - [fsnh.org](http://fsnh.org)
- Parent Information Center - [picnh.org](http://picnh.org)
- Nami NH - [www.naminh.org](http://www.naminh.org)
- NH Family Voices - [nhfv.org](http://nhfv.org)
- NH Connections - [nh-connections.org](http://nh-connections.org)
- NAMI NH - [www.naminh.org](http://www.naminh.org)

## Advocacy

- CASA of NH - [casanh.org](http://casanh.org)
- New Futures - [new-futures.org](http://new-futures.org)
- Disability Rights Center NH - [drcnh.org](http://drcnh.org)
- NH Legal Assistance - [www.nhla.org](http://www.nhla.org)
- Office of the Child Advocate - [childadvocate.nh.gov](http://childadvocate.nh.gov)

## GRANDFAMILY SPECIFIC RESOURCES

- Kinship Navigator Program - [fsnh.org/family-support](http://fsnh.org/family-support)
- Generations United - [gu.org](http://gu.org)
- GrandFamilies.org - [grandfamilies.org](http://grandfamilies.org)
- Step Up Parents - [stepupparents.net](http://stepupparents.net)

## NEW AMERICAN RESOURCES

- Building Community in NH - [bcinnh.org](http://bcinnh.org)
- Overcomers Refugee Services - [overcomersnh.org](http://overcomersnh.org)
- Ascentria Care Alliance - [ascentria.org](http://ascentria.org)
- The Language Bank - [thelanguagebank.org](http://thelanguagebank.org)

## FAMILY FRIENDLY WORKPLACE RESOURCES

- NH Women's Foundation - [nhwomensfoundation.org](http://nhwomensfoundation.org)
- NH Breastfeeding Task Force - [nhbreastfeedingtaskforce.org](http://nhbreastfeedingtaskforce.org)
- The Best Place for Working Parents  
[bestplace4workingparents.com/new-hampshire](http://bestplace4workingparents.com/new-hampshire)

“ Preventing abuse and neglect promotes healthier outcomes for children, both in the short and long term. Children who experience abuse or neglect may face developmental delays, mental health challenges, and difficulties in school. By focusing on prevention, we can reduce the long-term impact of trauma, improve overall family



well-being, and break cycles of abuse, leading to stronger, more resilient communities. ”

– RACHEL KOWALSKY,  
CARE MANAGER AT THE  
FAMILY RESOURCE CENTER AT HCS

